

GWEITHGAREDDAU PLANT . CHILDREN'S ACTIVITIES

01.04.23 - 16.04.23

Dydd Llun Monday	9:00 -10:00	Cwrs Nofio Dwys Ton 1+2 Intensive Swimming Course Wave 1+2
	11:30-12:00	Plymio Cyhoeddus . Public Diving
Dydd Mawrth Tuesday	09:00 - 10:00	Cwrs Nofio Dwys Ton 1+2 Intensive Swimming Course Wave 1+2
	11:00 -11:30	Cwrs Plymio Dwys 6+ Intensive Diving Course 6+
	13:00 - 14:00	Inflatable
	16:00 - 18:00	Sesiwn Pasbort 11-15 oed . Passport Session 11 - 15 yrs
Dydd Mercher Wednesday	09:00 - 10:00	Cwrs Nofio Dwys Ton 1+2 Intensive Swimming Course Wave 1+2
	10:00 - 10:30	Nofio Swigod . Bubbles Swim (0-3 oed.yrs)
	13:00 - 14:00	Nofio Am Ddim (8-16 oed) . Free Swimming (8-16 oed)
Dydd Iau Thursday	09:00 - 10:00	Cwrs Nofio Dwys Ton 1+2 Intensive Swimming Course Wave 1+2
	11:00 - 11:30	Cwrs Plymio Dwys 6 oed + Intensive Diving Course 6 yrs +
	11:30 - 12:00	Plymio Cyhoeddus . Public Diving
	14:30 - 15:30	Nofio Am Ddim (8-16 oed) . Free Swimming (8-16 yrs))
Dydd Gwener Friday	09:00 - 10:00	Cwrs Nofio Dwys Ton 1+2 Intensive Swimming Course Wave 1+2
	14:00 - 15:00	Inflatable
Dydd Sul Sunday	14:30 - 15:30	Nofio Am Ddim (8-16 oed) . Free Swimming (8-16 oed)