

PRISIAU GWEITHGAREDDAU SYCH

DRY ACTIVITY PRICES



FFITRWYDD . FITNESS			
DEFNYDDIWR . USER		Cyda Cerdyn Byw'n lach With Byw'n lach Card	Heb Gerdyn Byw'n lach Without Byw'n lach Card
DOSBARTH FFITRWYDD . FITNESS ROOM			
Dosbarth Ffitrwydd Fitness Class	Oedolyn . Adult	£6.30	£8.40
	Consesiwn . Concession	£4.70	£6.30
Actif am Oes . Active for Life		£3.00	£6.60
Sesiwn Ungiol NERS . NERS single session		£3.00	
Cynllun NERS 16 wythnos (talu o flaen llaw) NERS 16 week scheme (pre-paid)		£96.00	
YSTAFELL FFITRWYDD . FITNESS ROOM			
Defnydd Yst Ffitrwydd Fitness Room Use	Oedolyn . Adult	£6.30	£8.40
	Consesiwn . Concession	£4.70	£6.30
Anwythiad Oedolyn Adult Induction	Oedolyn . Adult	£15.60	£20.90
	Consesiwn . Concession	£11.70	£15.70
	Plentyn . Child	Am Ddim . Free	
HYFFORDDIANT PERSONNOL . PERSONAL SESSION			
Hyfforddiant Personol 1:1 . 1:1 Fitness Instruction		£46.30	
1:1 pecyn llawn . 1:1 Full Package		£266.00	
1:1 Sesiwn hyfforddi penodol . 1:1 Specific training session		£46.30	
1:2 Sesiwn Hyfforddi Penodol . 1:2 Specific training session		£54.00	
Asesiad Iechyd a Ffitrwydd . Health and Fitness Assessment		£46.30	
Cyngor Maeth . Nutrition Advice		£46.30	
Mesuriadau Cyfansoddiad Y Corff . Body Composition Measurements (BodyStat)		£20.10	
Sesiwn Pasbort Ffitrwydd . Fitness Passport Session		£3.00	£6.60

DEFNYDDIWR . USER		Cyda Cerdyn Byw'n lach With Byw'n lach Card	Heb Gerdyn Byw'n lach Without Byw'n lach Card
GWEITHGAREDD IECHYD . HEALTH ACTIVITIES			
Sawna a Nofio Sauna and Swim	Oedolyn . Adult	£8.70	£11.30
	Consesiwn . Concession	£6.60	£8.50
Ystafell Ffitrwydd + Sawna Fitness Room + Sauna	Oedolyn . Adult	£10.60	£13.90
	Consesiwn . Concession	£8.00	£10.50
Ystafell Ffitrwydd + Sawna + Nofio Fitness Suite + Sauna + Swimming	Oedolyn . Adult	£13.00	£17.20
	Consesiwn . Concession	£9.80	£12.90
Sawna + Stêm + Nofio Sawna + Steam + Swim	Oedolyn . Adult	£7.90	£10.50
	Consesiwn . Concession	£6.00	£7.90
Ystafell Ffitrwydd a Nofio Fitness Room + Swim	Oedolyn . Adult	£10.60	£13.90
	Consesiwn . Concession	£8.00	£10.50
Tocyn Sawna . Sauna Ticket	Oedolyn . Adult	£6.50	£8.60
	Consesiwn . Concession	£4.90	£6.50

DEFNYDDIWR . USER		Cyda Cerdyn Byw'n lach With Byw'n lach Card
CAMPAU CHWARAEON . SPORT CAMP		
Camp Chwaraeon Bach (dydd) . Small Sport Camp (day)		£6.60
Camp Chwaraeon Bach (wythnos) . Small Sport Camp (week)		£25.50
Camp Chwaraeon (dydd) . Sport Camp (day)		£15.40
Camp Chwaraeon (wythnos) . Sport Camp (week)		£66.00

YSTAFELL GYFARFOD . MEETING ROOM		
	Cyda Cerdyn Byw'n lach With Byw'n lach Card	Heb Gerdyn Byw'n lach Without Byw'n lach Card
Ystafelloedd Cyfarfod bach (hyd at 2 awr) Small Meeting Rooms (up to 2 hours)	£29.00	
Ystafell Cyfarfod Mawr (hyd at 2 awr) Large Meeting Room (up to 2 hours)	£37.00	

CHWARAEON DAN DO . INDOOR SPORTS			
DEFNYDDIWR . USER		PRISIAU . PRICES	
NEUADD . HALL			
Neuadd Llawn Full Hall	Oedolyn . Adult	£49.50	
	Consesiwn . Concession	£37.20	
1/2 Neuadd 1/2 Hall	Oedolyn . Adult	£24.80	
	Consesiwn . Concession	£24.80	
1/4 Neuadd 1/4 Hall	Oedolyn . Adult	£12.40	
	Consesiwn . Concession	£9.40	
CHWARAEON RACED . RACKET SPORTS			
Badminton	Oedolyn . Adult	£12.40	
	Consesiwn . Concession	£9.40	
Tenis Bwrdd . Table Tennis	Oedolyn . Adult	£6.80	£10.80
	Consesiwn . Concession	£5.20	£8.10
Sboncen . Squash	Oedolyn . Adult	£9.00	£14.60
	Consesiwn . Concession	£6.80	£11.00
Cyrtiau Mewnol Inside Courts	Oedolyn . Adult	£19.40	£25.80
	Consesiwn . Concession	£14.60	£19.40
Cwrt i weithgareddau eraill (dim tenis) (mewn ac allan) Court for activities (not tennis) (in or out)	Oedolyn . Adult	£46.30	
	Consesiwn . Concession	£34.70	
Cwrt Padel Court	Oedolyn . Adult	£19.40	£25.80
	Consesiwn . Concession	£14.60	£19.40
Cwrt Tenis Allanol Outdoor Tennis Court	Oedolyn . Adult	£9.50	£12.40
	Consesiwn . Concession	£7.20	£9.30
Hyfforddiant 1:1 Tenis . 1:1 Tennis Coaching		£21.70	

PARTION PENBLWYDD . BIRTHDAY PARTIES	
Parti Mawr - DIY - Llogi gofod yn unig Big Party - DIY - Space hire only	£71.00
Parti Bach - DIY - Llogi 1/2 gofod yn unig Small Party - DIY - Hire 1/2 space only	£51.00
Parti Pwll Mawr + offer + staff + stafell (24 o blant) Big Pool Party + equipment + staff + room (24 children)	£154.00
Parti Pwll Bach + offer + staff + stafell (24 o blant) Small Pool Party + equipment + staff + room (24 children)	£105.00
Parti Gweithgaredd Sych + offer + staff (24 o blant) Dry Activity Party + equipment + staff + room (24 children)	£78.00
Parti Castell Neidio + offer + staff + stafell (24 o blant) Bouncy Castle Party + equipment + staff + room (24 children)	£105.00
Parti Castell Neidio (1/2 neuadd) + offer + staff + stafell (24 o blant) Bouncy Castle Party (1/2 hall) + equipment + staff + room (24 children)	£85.00

SESIYNAU HYFFORDDI CHWARAEON			
SPORT COACHING SESSIONS			
DEFNYDDIWR . USER		Cyda Cerdyn Byw'n lach With Byw'n lach Card	Heb Gerdyn Byw'n lach Without Byw'n lach Card
CYRSIAU . COURSES			
OEDOLYN ADULT	Cyrsiau Hyfforddi Canolfan 60 munud 60 minute Center Training Courses	£10.50	£13.80
PLANT CHILDREN	Cyrsiau Hyfforddi Canolfan 45 munud (pel droed, sboncen...) 45 minute Center Training Courses (football, squash...)	£7.10	
	Cyrsiau Hyfforddi Canolfan 60 munud (pel droed, sboncen...) 60 minute Center Training Courses (football, squash...)	£8.50	

Consesiwn = 16-24 oed, anabl a phobl dros 60 oed *Noder: Nid yw bob cyfleuster ar gael ymhob canolfan. Amodau'n berthnasol, os ar gael.
Mae Telerau ac Amodau archebu llawn ar gael yn y dderbynfa neu ar www.bywniach.cymru.
Concession = 16-24 yrs, disabled and people over 60 yrs *Note: Not all facilities are available in all centres. If available, conditions apply.
Full booking Terms & Conditions are available from the reception or at www.bywniach.cymru.



PRISIAU GWEITHGAREDDAU GWLYB

WATER ACTIVITY PRICES

PWLL NOFIO . SWIMMING POOL			
DEFNYDDIWR . USER		Cyda Cerdyn Byw'n lach With Byw'n lach Card	Heb Gerdyn Byw'n lach Without Byw'n lach Card
NOFIO CYHOEDDUS . PUBLIC SWIMMING			
Oedolyn . Adult		£5.50	£7.40
Consesiwn . Concession		£4.10	£5.60
Plentyn Anabl . Disabled Child		Am Ddim Free	£5.20
O dan 3 oed . Under 3 yrs		AM DDIM . FREE	
Tocyn Teulu Nofio + Chwaraeon Raced (2 oedolyn + 4 o blant) . Family Swim Ticket + Racket Sport (2 adult + 4 children)		£15.60	£20.90
Llithren Ddwr Water Slide	Oedolyn . Adult	£3.20	£3.90
	Consesiwn . Concession	£2.40	£3.00

YSTAFELLOEDD NEWID . CHANGING ROOMS			
DEFNYDDIWR . USER		Cyda Cerdyn Byw'n lach With Byw'n lach Card	Heb Gerdyn Byw'n lach Without Byw'n lach Card
YSTAFELL NEWID . CHANGING ROOMS			
Defnydd Cawodydd Shower Use	Oedolyn . Adult	£2.40	£3.00
	Consesiwn . Concession	£1.80	£2.30
Huriant Ystafell Newid Changing Rooms Hire	Oedolyn . Adult	£23.30	
	Consesiwn . Concession	£17.50	

NOFIO . SWIMMING			
DEFNYDDIWR . USER		Cyda Cerdyn Byw'n lach With Byw'n lach Card	Heb Gerdyn Byw'n lach Without Byw'n lach Card
Gwers Nofio/Plymio Oedolion . Adult Swimming / Diving Lesson		£8.50	£11.00
Hyfforddiant Nofio 1:1 1:1 Swimming Training	Oedolyn . Adult	£31.30	£44.00
	Consesiwn . Concession	£23.50	£33.00
Hyfforddiant Nofio 1:2 1:2 Swimming Training	Consesiwn . Concession	£41.70	£50.00

PRISIAU CHWARAEON AGORED

OPEN SPORTS PRICES

CAEAU SYNTHETIG . SYNTHETIC FIELDS		
DEFNYDDIWR . USER		PRISIAU . PRICES
Maes Llawn (1 Awr) Full Pitch (1 Hour)	Oedolyn . Adult	£56.00
	Consesiwn . Concession	£42.00
Maes Llawn (1 awr a 1/2) Full Pitch (1 hour and 1/2)	Oedolyn . Adult	£81.00
	Consesiwn . Concession	£61.00
1/2 neu 3/4 Maes (1 Awr) 1/2 or 3/4 Pitch (1 Hour)	Oedolyn . Adult	£44.10
	Consesiwn . Concession	£33.10
Maes 5/7 Bob Ochr 5/7 a Side Pitch	Oedolyn . Adult	£51.00
	Consesiwn . Concession	£38.30

BEICS TRYDAN . ELECTRIC BIKES			
DEFNYDDIWR . USER		Cyda Cerdyn Byw'n lach With Byw'n lach Card	Heb Gerdyn Byw'n lach Without Byw'n lach Card
Defnydd o'r Beics Trydan Electric Bike Usage	Oedolyn . Adult	£12.60	£15.80
	Consesiwn . Concession	£9.50	£11.90

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PRISIAU . PRICES



AELODAETH . MEMBERSHIP	
Oedolyn . Adult	£26.40
Consesiwn . Concession	£19.80
Plant (o dan 16) . Children (under 16)	Am Ddim . Free

PECYNNAU . PACKAGES		
PECYNNAU DEBYD UNIONGYRCHOL MISOL . MONTHLY DIRECT DEBIT PACKAGES		
Oedolyn (Anghyfyngedig) Adult (Unlimited)	Ystafelloedd ffitrwydd, dosbarthiadau ffitrwydd, nofio cyhoeddus, gwersi nofio, gwersi plymio, chwaraeon raced, beics trydan*. Cerdyn Byw’n Iach + Anwythiad AM DDIM Fitness rooms, fitness classes, public swimming, swimming lessons, diving lessons and racket sports* + E Bikes* Byw’n Iach Card + FREE Induction	£41.80
Consesiwn (Anghyfyngedig) Concession (Unlimited)		£31.30
Amser Ddistaw (9:00-16:00 + Penwythnos) Off Peak (9:00-16:00 + Weekends)		£31.30
Pecyn Pobl Ifanc 11-18 (Ystafell Ffitrwydd a Nofio) Young People’s Package 11 - 18 (Fitness Room and Swim)	Ystafelloedd ffitrwydd a nofio cyhoeddus Cerdyn Byw’n Iach + Anwythiad AM DDIM Fitness rooms and public swimming Byw’n Iach Card + FREE Induction	£19.90
Aelodaeth Corfforaethol Corporate Membership	Ystafell ffitrwydd, dosbarthiadau ffitrwydd, nofio cyhoeddus, gwersi nofio, gwersi plymio, chwaraeon raced + Beics Trydan + Anwythiad AM DDIM Fitness Rooms, fitness classes, public swimming, swimming lessons, diving lessons, racket sports + E Bikes + FREE Induction	£36.50
Gwersi Nofio Swimming Lessons	Isafswm o 42 o wersi wythnosol y flwyddyn + Nofio AM DDIM ar gyfer yr holl sesiynau Nofio Cyhoeddus Minimum of 42 weekly lessons per year + FREE swimming for all Public Swimming sessions	£23.00
Gwersi Gymnasteg Gymnastics Lessons	Isafswm o 42 o wersi wythnosol y flwyddyn + Nofio AM DDIM ar gyfer yr holl sesiynau Nofio Cyhoeddus Minimum of 42 weekly lessons per year + FREE swimming for all Public Swimming sessions	£25.10
PECYNNAU RHAGDALEDIG . PRE-PAID PACKAGES		
Tocyn Wythnosol Weekly Ticket	Ystafelloedd ffitrwydd, dosbarthiadau ffitrwydd, nofio cyhoeddus, gwersi nofio, gwersi plymio a chwaraeon raced* + Anwythiad AM DDIM (arbed £13) Fitness rooms, fitness classes, public swimming, swimming lessons, diving lessons and racket sports* + FREE Induction (saving £13)	£20.90
Tocyn Misol Oedolyn Monthly Adult Ticket		£63.00
Tocyn Misol Consesiwn Monthly Concession Ticket		£47.00
Tocyn Diwrnod Day Ticket		£12.60
Tocyn Blynnyddol Oedolyn Annual Adult Ticket	Ystafelloedd ffitrwydd, dosbarthiadau ffitrwydd, nofio cyhoeddus, gwersi nofio, gwersi plymio a chwaraeon raced* + Beics Trydan + Anwythiad AM DDIM (arbed £13)	£544
Tocyn Blynnyddol Consesiwn Annual Concession Ticket	Fitness rooms, fitness classes, public swimming, swimming lessons, diving lessons and racket sports* + E Bikes + FREE Induction (saving £13)	£407.00

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