

GWEITHGAREDDAU PLANT . CHILDRENS ACTIVITIES

27/10/25 - 02/11/25		
Dydd Llun Monday	AR GAU . CLOSED	
Dydd Mawrth Tuesday	11-00 - 12-00	Nofio Actif Am Oes . Actif For Life
	12-00 - 12-30	Nofio Swigod 0 - 3 oed . Bubbles Swim 0 - 3 yrs
	1300 - 15-00	Chwareon yn y dŵr 8-11oed Games in the water 8-11yrs
	15:30 - 17-00	Gwersi Nofio . Swimming Lessons
	17-00 - 18-00	Nofio am Ddim i Bobl Ifanc 0 - 16 oed Free Swimming for Young People ages 0 - 16
	18-00 - 19-00	Ffitrwydd Nofio . Swim Fit
Dydd Mercher Wednesday	14-00 - 15-00	Inflatable Dŵr . Water Inflatable
	15-30 - 17-30	Gwersi Nofio . Swimming Lessons
	17-30 - 19-00	Nofio Cyhoeddus . Public Swim
	18-00 - 18-45	Gwersi Nofio Oedolion . Adult Swimming Lessons
Dydd Iau Thursday	11-00 - 11:45	Acwa . Aqua
	13-00 - 15-00	Chwareon yn y dŵr 5-7oed Games in the water 5-7yrs
	15-30 - 17-30	Gwersi Nofio . Swimming Lessons
	17-30 - 18-30	Nofio Cyhoeddus . Public Swim
Dydd Gwener Friday	AR GAU . CLOSED	
Dydd Sadwrn Saturday	AR GAU . CLOSED	
Dydd Sul Sunday	10-00 - 11-00	Gwersi Nofio . Swimming Lessons
	11-00 - 12-00	Nofio am Ddim i Bobl Ifanc 0 - 16 oed Free Swimming for Young People ages 0 - 16
	12-00 - 13-00	Nofio Cyhoeddus . Public Swim