

**GWEITHGAREDDAU PLANT  
CHILDRENS ACTIVITIES**  
Byw'n Iach Arfon, Caernarfon  
01286 676451  
30/03/26 - 12/04/26



- Mynediad i ddosbarthiadau ffitrwydd dwysedd isel yn ystod y gwyliau.
- Cyrtiau allanol am ddim i bobl ifanc (tu allan i archebion y ganolfan)
- Access to low-intensity fitness classes during the holidays
- Outdoor courts free for young people (outside of the centre's bookings)

Archebwch yn y ganolfan, neu ar-lein drwy sganio'r cod QR (archebu a thalu ymlaen llaw hyd at 10 diwrnod o flaen llaw).

Book at the centre or online by scanning the QR code (book and pay in advance up to 10 days ahead).

Dydd . Day	Amser . Time	Gweithgaredd . Activity	Pris . Price y sesiwn . per session
Dydd Llun Monday 30/04/26	09:00 - 09:30	Cwrs Nofio Dwys Ton 1 + 2 . Crash Course Wave 1 + 2	£6.90
	09:30 - 10:00	Cwrs Nofio Dwys Ton 1 + 2 . Crash Course Wave 1 + 2	£6.90
	09:30-10:30	Sesiwn Chwarae I Blant Gyda Anghenion Ychwanegol Play Session For Children With Additional Needs	£3 / £5
	10:00 - 10:30	Gwers Swigod 0 - 3 oed . Bubbles Swim 0 - 3 yrs	£6.90
	13:15 - 14:15	Inflatable Dŵr 8 - 11 oed . Pool Inflatable 8-11 yrs	£6.00
Dydd Mawrth Tuesday 31/04/26	09:00 - 09:30	Cwrs Nofio Dwys Ton 1 + 2 . Crash Course Wave 1 + 2	£6.90
	09:30 - 10:00	Cwrs Nofio Dwys Ton 1 + 2 . Crash Course Wave 1 + 2	£6.90
	08:30 - 15:00	Camp Chwaraeon 4 i 7 oed a 7 - 11 oed Sport Camp 4 - 7 yrs and 7 - 11 yrs	£15.90
	13:00 - 14:00	Nofio am ddim (0-16 oed) . Free Swimming (0-16 years)	Am Ddim
Dydd Mercher Wednesday 01/04/26	09:00 - 09:30	Cwrs Nofio Dwys Ton 1 + 2 . Crash Course Wave 1 + 2	£6.90
	09:30 - 10:00	Cwrs Nofio Dwys Ton 1 + 2 . Crash Course Wave 1 + 2	£6.90
	09:30 - 10:30	Chwarae Meddal 0 - 5 oed . Soft Play 0 - 5 yrs	£3.00
	13:15 - 14:15	Inflatable Dŵr 8 - 11 oed . Pool Inflatable 8-11 yrs	£6.00
Dydd Iau Thursday 02/04/26	09:00 - 09:30	Cwrs Nofio Dwys Ton 1 + 2 . Crash Course Wave 1 + 2	£6.90
	09:30 - 10:00	Cwrs Nofio Dwys Ton 1 + 2 . Crash Course Wave 1 + 2	£6.90
	10:00 - 10:30	Gwers Swigod 0 - 3 oed . Bubbles Swim 0 - 3 yrs	£6.90
	08:30 - 15:00	Camp Chwaraeon 4 i 7 oed a 7 - 11 oed Sport Camp 4 - 7 yrs and 7 - 11 yrs	£15.90
Dydd Gwener Friday 03/04/26	Ar Gau . Closed		
Dydd Sadwrn Saturday 04/04/26	10:00-11:00	Sesiwn chwarae neuadd Derwen Hall Play Session	
	11:30-12:30	Sesiwn chwarae pwll Derwen pool Play Session	
Dydd Sul Sunday 05/04/26	11:00 - 12:00	Chwarae Meddal 0 - 5 oed . Soft Play 0 - 5 yrs	£3.00
	11:30 - 12:00	Gwers Swigod 0 - 3 oed . Bubbles Swim 0 - 3 yrs	£6.90
	13:30 - 14:30	Nofio am ddim (0-16 oed) . Free Swimming (0-16 years)	Am Ddim Free
	13:00 - 14:00	Passbort Ffitrwydd 11 - 15 oed Fitness Passbort 11 - 15 yrs	£3.00
	14:30 - 15:30	Passbort Ffitrwydd 11 - 15 oed Fitness Passbort 11 - 15 yrs	£3.00

Dydd . Day	Amser . Time	Gweithgaredd . Activity	Pris . Price y sesiwn . per session
Dydd Llun Monday 06/04/26	09:00 - 09:30	Cwrs Nofio Dwys Ton 1 + 2 Crash Course Wave 1 + 2	£6.90
	09:30 - 10:00	Cwrs Nofio Dwys Ton 1 + 2 Crash Course Wave 1 + 2	£6.90
	09:30-10:30	Sesiwn Chwarae I Blant Gyda Anghenion Ychwanegol	£3 / £5
	10:00 - 10:30	Gwers Swigod 0 - 3 oed . Bubbles Swim 0 - 3 yrs	£6.90
	13:15 - 14:15	Inflatable Dŵr 8 - 11 oed . Pool Inflatable 8-11 yrs	£6.00
Dydd Mawrth Tuesday 07/04/26	09:00 - 09:30	Cwrs Nofio Dwys Ton 1 + 2 Crash Course Wave 1 + 2	£6.90
	09:30 - 10:00	Cwrs Nofio Dwys Ton 1 + 2 Crash Course Wave 1 + 2	£6.90
	08:30 - 15:00	Camp Chwaraeon 4 i 7 oed a 7 - 11 oed Sport Camp 4 - 7 yrs and 7 - 11 yrs	£15.90
	13:00 - 14:00	Nofio am ddim (0-16 oed) Free Swimming (0-16 years)	Am Ddim Free
Dydd Mercher Wednesday 08/04/26	09:00 - 09:30	Cwrs Nofio Dwys Ton 1 + 2 Crash Course Wave 1 + 2	£6.90
	09:30 - 10:00	Cwrs Nofio Dwys Ton 1 + 2 Crash Course Wave 1 + 2	£6.90
	09:30 - 10:30	Chwarae Meddal 0 - 5 oed . Soft Play 0 - 5 yrs	£3.00
Dydd Iau Thursday 09/04/26	13:15 - 14:15	Inflatable Dŵr 8 - 11 oed . Pool Inflatable 8-11 yrs	£6.00
	09:00 - 09:30	Cwrs Nofio Dwys Ton 1 + 2 Crash Course Wave 1 + 2	£6.90
	09:30 - 10:00	Cwrs Nofio Dwys Ton 1 + 2 Crash Course Wave 1 + 2	£6.90
	10:00 - 10:30	Gwers Swigod 0 - 3 oed . Bubbles Swim 0 - 3 yrs	£6.90
Dydd Gwener Friday 10/04/26	08:30 - 15:00	Camp Chwaraeon 4 i 7 oed a 7 - 11 oed Sport Camp 4 - 7 yrs and 7 - 11 yrs	£15.90
	09:00 - 09:30	Cwrs Nofio Dwys Ton 1 + 2 Crash Course Wave 1 + 2	£6.90
	09:30 - 10:00	Cwrs Nofio Dwys Ton 1 + 2 Crash Course Wave 1 + 2	£6.90
Dydd Sul Sunday 12/04/26	13:15 - 14:15	Inflatable Dŵr 8 - 11 oed . Pool Inflatable 8-11 yrs	£6.00
	11:00 - 12:00	Chwarae Meddal 0 - 5 oed . Soft Play 0 - 5 yrs	£3.00
	11:30 - 12:00	Gwers Swigod 0 - 3 oed . Bubbles Swim 0 - 3 yrs	£6.90
	13:30 - 14:30	Nofio am ddim (0-16 oed) Free Swimming (0-16 years)	Am Ddim Free
	13:00 - 14:00	Passbort Ffitrwydd 11 - 15 oed Fitness Passbort 11 - 15 yrs	£3.00
14:30 - 15:30	Passbort Ffitrwydd 11 - 15 oed . Fitness Passbort 11 - 15 yrs	£3.00	