

GWEITHGAREDDAU PLANT . CHILDREN’S ACTIVITIES

Haf o Hwyl . Summer of Fun 21/07/25 - 31/08/25		
Dydd Llun Monday	09:30-10:00	Cwrs Nofio Dwys Ton 1 & 2 (4+ oed) Wave 1 & 2 Intensive Swimming Course (4+ yrs)
	13:00-14:00	Inflatable yn y pwll (8-11 oed) . Pool Inflatable (8-11 yrs)
Dydd Mawrth Tuesday	09:30-10:00	Cwrs Nofio Dwys Ton 1 & 2 (4+ oed) Wave 1 & 2 Intensive Swimming Course (4+ yrs)
	13:00-14:00	Inflatable yn y pwll (8-11 oed) . Pool Inflatable (8-11 yrs)
	16.00 - 17.00	Pasbort Ffitrwydd 11 - 15 oed . Fitness Passport 11 - 15 yrs
Dydd Mercher Wednesday	09.30 - 10.00	Cwrs Nofio Dwys Ton 1 & 2 (4+ oed) Wave 1 & 2 Intensive Swimming Course (4+ yrs)
	10.00 - 10.30	Nofio Swigod 0-3 oed . Bubbles Swim 0-3 yrs
	13.00 - 14.00	Nofio am ddim i pobl ifanc 0-16 oed Free Swimming for young people 0-16 yrs
	16.00 - 17.00	Pasbort Ffitrwydd 11-15 oed . Fitness Passport 11-15 yrs
	18.30 - 19.00	Plymio Cyhoeddus . Public Diving
Dydd Iau Thursday	09.30 - 10.00	Cwrs Nofio Dwys Ton 1 & 2 (4+ oed) Wave 1 & 2 Intensive Swimming Course (4+ yrs)
	11.00 - 11.30	Gwers Plymio 6-16 oed . Diving Lesson 6-16 yrs
	11.30 - 12.00	Plymio Cyhoeddus . Public Diving
Dydd Gwener Friday	09.30 - 10.00	Cwrs Nofio Dwys Ton 1 & 2 (4+ oed) Wave 1 & 2 Intensive Swimming Course (4+ yrs)
	11.00 - 11.30	Gwers Plymio 6-16 oed . Diving Lesson 6-16 yrs
	11.30 - 12.00	Plymio Cyhoeddus . Public Diving
	13.00 - 14.00	Inflatable 8-16 oed . Inflatable 8-16 yrs
Dydd Sadwrn Saturday	10:30-12:00	Camp Chwaraeon Dwr . Water Sports Camp
	15:00- 15:30	Plymio Cyhoeddus . Public Diving
Dydd Sun Sunday	14.30 - 15.30	Nofio am Ddim 0-16 oed . Free Swimming 0-16 yrs
	15.00 - 15.30	Plymio Cyhoeddus . Public Diving

Mae’r cyrtiau allanol ar gael am ddim i blant yn ystod oriau agor y ganolfan, a thu allan i logiadau
The outside courts are available for free to children during the centre’s opening hours, and outside of hire