

**GWEITHGAREDDAU PLANT**  
**CHILDRENS ACTIVITIES**  
**Byw'n Iach Glaslyn, Porthmadog**  
**01766 512711**  
**30/03/26 - 12/04/26**



- Mynediad i ddosbarthiadau ffitrwydd dwysedd isel yn ystod y gwyliau.
- Cyrtau allanol am ddim i bobl ifanc (tu allan i archebion y ganolfan)
- Access to low-intensity fitness classes during the holidays
- Outdoor courts free for young people (outside of the centre's bookings)

Archebwch yn y ganolfan, neu ar-lein drwy sganio'r cod QR (archebu a thalu ymlaen llaw hyd at 10 diwrnod o flaen llaw).

Book at the centre or online by scanning the QR code (book and pay in advance up to 10 days ahead).

Dydd . Day	Amser . Time	Gweithgaredd . Activity	Pris . Price y sesiwn . per session
Dydd Llun Monday	09:00-09:30	Gwersi Nofio Dwys Intensive Swimming Lesson	£6.90
	13:00-14:00	Chwarae i blant gyda Anghenion Ychwanegol Soft Play for children with Additional Needs (Dim sesiwn . No session 06/04/26)	£3.00 £5.00
Dydd Mawrth Tuesday	09:00-09:30	Gwersi Nofio Dwys Intensive Swimming Lesson	£6.90
	15:00-17:00	Pasbort Ffitrwydd 11-15 oed Fitness Passbort 11-15 yrs	£9.00
Dydd Mercher Wednesday	09:00-09:30	Gwersi Nofio Dwys Intensive Swimming Lesson	£6.90
	09:00-15:00	Camp Chwaraeon 8-11 oed Sport Camp 8-11 year old	£15.90
	09:00-15:00	Camp Chwaraeon 5-7 oed Sport Camp 5-7 year old	£15.90
Dydd Iau Thursday	09:00-09:30	Gwersi Nofio Dwys Intensive Swimming Lesson	£6.90
Dydd Gwener Friday	09:00-09:30	Gwersi Nofio Dwys Intensive Swimming Lesson (Dim sesiwn . No session 03/04/26)	£6.90
	12:00-12:30	Nofio Swigod 0-3 oed . Bubbles Swim 0-3 yrs (Dim sesiwn . No session 03/04/26)	£6.90
Dydd Sadwrn Saturday	10:30-11:30	Nofio am Ddim 0-16 oed Free Swimming aged 0-16	Am ddim Free
Dydd Sul Sunday	10:30-11:30	Chwarae Meddal Dan Do 0-5 oed Indoor Soft Play Castle 0-5 yrs	£3.00