

GWEITHGAREDDAU PLANT
CHILDRENS ACTIVITIES
Byw’n Iach Arfon, Caernarfon
01286 676451
21/07/26 - 30/08/26



- Mynediad i ddosbarthiadau ffitrwydd dwysedd isel yn ystod y gwyliau.
- Cyrtiau allanol am ddim i bobl ifanc (tu allan i archebion y ganolfan)
- Access to low-intensity fitness classes during the holidays
- Outdoor courts free for young people (outside of the centre's bookings)

Archebwch yn y ganolfan, neu ar-lein drwy sganio'r cod QR (archebu a thalu ymlaen llaw hyd at 10 diwrnod o flaen llaw).
Book at the centre or online by scanning the QR code (book and pay in advance up to 10 days ahead).

Dydd . Day	Amser . Time	Gweithgaredd . Activity	Pris . Price y sesiwn . per session
Dydd Llun Monday	09:00-09:30	Splash (pwll bach) 4 plentyn yn unig, Oed 3-4 Splash (Small Pool) 4 children only, Age 3-4	£34.50 (5 sesiwn . 5 sessions)
	09:30-10:00	Sesiwn Datblygu Nofio Ton 1 + 2 . Swimming Development Session 1 + 2	£34.50 (5 sesiwn . 5 sessions)
	09:30-10:30	Sesiwn Chwarae i Blant gyda anghenion Play session for children with additional needs	£3.00
	13:15-14:15	Pool Inflatable 8-11 oed . Inflatable pwll 8-11 yrs	£6.00
Dydd Mawrth Tuesday	09:00-09:30	Splash (pwll bach) 4 plentyn yn unig, Oed 3-4 Splash (Small Pool) 4 children only, Age 3-4	£34.50 (5 sesiwn . 5 sessions)
	09:30-10:00	Sesiwn Datblygu Nofio Ton 1 + 2 . Swimming Development Session 1 + 2	£34.50 (5 sesiwn . 5 sessions)
	08:30-15:00	Camp Chwaraeon Mawr a Bach . Big and Small Sports Camp	£15.90
	13:00-14:00	Nofio am ddim (0-16 oed) . Free Swimming (0-16 years)	Am ddim . Free
Dydd Mercher Wednesday	09:00-09:30	Splash (pwll bach) 4 plentyn yn unig, Oed 3-4 Splash (Small Pool) 4 children only, Age 3-4	£34.50 (5 sesiwn . 5 sessions)
	09:30 - 10:00	Sesiwn Datblygu Nofio Ton 1 + 2 . Swimming Development Session 1 + 2	£34.50 (5 sesiwn . 5 sessions)
	09:30-10:30	Chwarae Meddal 0 - 5 oed . Soft play 0-5 yrs	£3.00
	13:15-14:15	Pool Inflatable 8-11 oed . Inflatable pwll 8-11 yrs	£6.00
Dydd Iau Thursday	09:00-09:30	Splash (pwll bach) 4 plentyn yn unig, Oed 3-4 Splash (Small Pool) 4 children only, Age 3-4	£34.50 (5 sesiwn . 5 sessions)
	09:30 - 10:00	Sesiwn Datblygu Nofio Ton 1 + 2 . Swimming Development Session 1 + 2	£34.50 (5 sesiwn . 5 sessions)
	08:30-15:00	Camp Chwaraeon Mawr a Bach . Big and Small Sports Camp	£15.90
	10:00-10:30	Nofio Swigod . Bubbles Swim	£6.90
Dydd Gwener Friday	09:00-09:30	Splash (pwll bach) 4 plentyn yn unig, Oed 3-4 Splash (Small Pool) 4 children only, Age 3-4	£34.50 (5 sesiwn . 5 sessions)
	09:30 - 10:00	Sesiwn Datblygu Nofio Ton 1 + 2 . Swimming Development Session 1 + 2	£34.50 (5 sesiwn . 5 sessions)
	13:15-14:15	Pool Inflatable 8-11 oed . Inflatable pwll 8-11 yrs	£6.00
Dydd Sadwrn Saturday	10:00-12:30	Sesiwn Chwarae i Blant gyda anghenion Play session for children with additional needs (01/08/26 yn unig . only)	£3.00
Dydd Sul Sunday	11:00 - 12:00	Chwarae Meddal 0 - 5 oed . Soft play 0-5 yrs	£3.00
	11:30-12:30	Nofio Swigod . Bubbles Swim	£6.90
	13:30-14:30	Nofio am ddim (0-16 oed) . Free Swimming (0-16 years)	Am ddim