

PWLL NOFIO . SWIMMING POOL

20/07/26 - 30/08/26		
Dydd Llun Monday	Ar Gau . Closed	
Dydd Mawrth Tuesday	11.00-12.00	Nofio Actif Am Oes . Actif For Life Swim
	12.00-12.30	Nofio Swigod 0-3oed . Bubbles Swim 0-3 yrs
	13.00-15.00	Camp Chwareon Dŵr 8-11 oed . Water Sport Camp 8-11 yrs
	15.30-17.00	Gwersi Nofio . Swimming Lessons
	18:00 - 18:45	Nofio Ffit . Swim Ffit
Dydd Mercher Wednesday	14:00 - 15:00	Infatable Pwll 8 - 11 oed . Pool Inflatable 8 - 11 yrs
	15:30 16:30	Gwersi Datblygu Nofio Swimming Development Lessons
	16:30 - 17:15	Gwersi Nofio Oedolion - Adult Swimming Lessons
	17:00 - 19:00	Nofio Cyhoeddus . Public Swim
Dydd Iau Thursday	11:00 - 12:00	Nofio Actif Am Oes . Actif For Life Swim
	13:00 - 15:00	Camp Chwareon dwr 5-7 oed . Water Sport Camp 5-7 yrs
	15:30 - 16:30	Nofio Am Dim 0 - 16 oed 0 - 16 yrs Free Swim
	17:00 - 18:30	Nofio Cyhoeddus . Public Swim
Dydd Gwener Friday	Ar Gau . Closed	
Dydd Sadwrn Saturday	Ar Gau . Closed	
Dydd Sul Sunday	10:00 - 13:00	Nofio Cyhoeddus . Public Swim
	11:00 - 12:00	Nofio Am Ddim 0-16 oed . Free Swimming 0-16 yrs