

GWEITHGAREDDAU PLANT
CHILDRENS ACTIVITIES
 Byw'n Iach Plas Ffrancon, Bethesda
 01248 601515
 21/07/26-30/08/26



- Mynediad i ddosbarthiadau ffitrwydd dwysedd isel yn ystod y gwyliau.
- Cyrtau allanol am ddim i bobl ifanc (tu allan i archebion y ganolfan)
- Access to low-intensity fitness classes during the holidays
- Outdoor courts free for young people (outside of the centre's bookings)

Archebwch yn y ganolfan, neu ar-lein drwy sganio'r cod QR (archebu a thalu ymlaen llaw hyd at 10 diwrnod o flaen llaw).

Book at the centre or online by scanning the QR code (book and pay in advance up to 10 days ahead).



Dydd . Day	Amser . Time	Gweithgaredd . Activity	Pris . Price y sesiwn . per session
Dydd Llun Monday	09:00-12:00	Camp Rygbi 5-10 oed Rugby Camp 5-10 yrs 27/07/26, 10/08/26 + 24/08/26	£6.30
	09:00-12:00	Camp Pel-droed 5-10 oed Football Camp 5-10 yrs 03/08/26 + 17/08/26	£6.30
Dydd Iau Thursday	09:00-15:00	Campau Chwaraeon 5-7 / 8-11 oed Sport Camps 5-7 / 8-11 yrs	£15.90
Dydd Gwener Friday	10:00-14:00	Inflatable Golf unrhyw oed . all ages	£2.50
	10:00-14:00	Chwarae Meddal . Soft Play 0-3	£3.00