

GWEITHGAREDDAU PLANT
CHILDRENS ACTIVITIES
Byw’n Iach Glaslyn, Porthmadog
01766 512711
26/10/26 - 30/10/26



- Mynediad i ddosbarthiadau ffitrwydd dwysedd isel yn ystod y gwyliau.
- Cyrtiau allanol £2.00 i bobl ifanc (tu allan i archebion y ganolfan)
- Access to low-intensity fitness classes during the holidays
- Outdoor courts £2.00 for young people (outside of the centre's bookings)



Archebwch yn y ganolfan, neu ar-lein drwy sganio'r cod QR (archebu a thalu ymlaen llaw hyd at 10 diwrnod o flaen llaw).
Book at the centre or online by scanning the QR code (book and pay in advance up to 10 days ahead).

Dydd . Day	Amser . Time	Gweithgaredd . Activity	Pris . Price y sesiwn . per session
Dydd Llun Monday	09:00-09:30	Gwersi Datblygu Nofio Swimming Development Lessons	£6.90 £34.50 am 5 gwers £34.50 for 5 lessons
	13:00 - 14:00	Chware Meddal i plant gydag anghenion ychwanegol Soft Play for children with additional needs	£3.00
Dydd Mawrth Tuesday	09:00-09:30	Gwersi Datblygu Nofio Swimming Development Lessons	£6.90 £34.50 am 5 gwers £34.50 for 5 lessons
	09:00-15:00	Camp Chwaraeon 5-7 oed + 8-11 oed Sports Camp 5-7 oed + 8-11 yrs	£15.90
Dydd Mercher Wednesday	09:00-09:30	Gwersi Datblygu Nofio Swimming Development Lessons	£6.90 £34.50 am 5 gwers £34.50 for 5 lessons
	14:00-14:45	Gymansteg Rhiant a Plentyn 3-4 oed 3-4 year old Parent and Child Gymnastics	£3.00
Dydd Iau Thursday	09:00-09:30	Gwersi Datblygu Nofio Swimming Development Lessons	£6.90 £34.50 am 5 gwers £34.50 for 5 lessons
	09:00-15:00	Camp Chwaraeon 5-7 oed + 8-11 oed Sports Camp 5-7 oed + 8-11 yrs	£15.90
Dydd Gwener Friday	09:00-09:30	Gwersi Datblygu Nofio Swimming Development Lessons	£6.90 £34.50 am 5 gwers £34.50 for 5 lessons
	12:00-12:30	Nofio Swigod 0-3 oed . Bubbles Swim 0-3 yrs	£6.90
	14:00-15:30	Chwarae Meddal Dan Do 0-5 oed Indoor Soft Play Castle 0-5 yrs	£3.00
	14:30-15:30	Nofio am Ddim 0-16 oed i aelodau Free Swimming aged 0-16 for members	Am ddim Free
Dydd Sadwrn Saturday	10:00-11:00	Nofio am Ddim 0-16 oed i aelodau Free Swimming aged 0-16 for members	Am ddim Free
Dydd Sul Sunday	10:30-11:30	Chwarae Meddal Dan Do 0-5 oed Indoor Soft Play Castle 0-5 yrs	£3.00