

# PWLL NOFIO . SWIMMING POOL

25/05/26 - 31/05/26

Dydd Llun Monday	Ar Gau . Closed	
Dydd Mawrth Tuesday	11.00-12.00	Nofio Actif Am Oes . Actif For Life Swim
	12.00-12.30	Nofio Swigod 0-3oed . Bubbles Swim 0-3 yrs
	13.00-15.00	Camp Chwareon Dŵr 8-11 oed . Water Sport Camp 8-11 yrs
	15.30-17.00	Gwersi Nofio . Swimming Lessons
Dydd Mercher Wednesday	14.00-15.00	Infatable Pwll . Pool Inflatable
	15.30-17.30	Gwersi Nofio . Swimming Lessons
	17.30-19.00	Nofio Cyhoeddus . Public Swim
	18:00 - 18:45	Gwersi Nofio Oedolion - Adult Swimming Lessons
Dydd Iau Thursday	11.00-11:45	Nofio Actif Am Oes . Actif For Life Swim
	13.00-15.00	Camp Chwareon dwr 5-7 oed . Water Sport Camp 5-7 yrs
	15.30-17.30	Gwersi Nofio . Swimming Lessons
	17.30-18.30	Nofio Cyhoeddus . Public Swim
Dydd Gwener Friday	Ar Gau . Closed	
Dydd Sadwrn Saturday	Ar Gau . Closed	
Dydd Sul Sunday	10.00 - 11:00	Gwersi Nofio . Swimming Lessons
	11.00-13.00	Nofio Cyhoeddus . Public Swim
	11.00-12.00	Nofio Am Ddim 0-16 oed . Free Swimming 0-16 yrs