

NOFIO . SWIMMING

26/10/26 - 30/10/26		
Dydd Llun Monday	06.30-09:00	Nofio cyhoeddus . Public Swim
	09:00-09:30	Gwersi Datblygu Nofio Ton 2, 5 + 6 Swimming Development Lessons Wave 2, 5 +6
	09:45-10:45	Nofio am Ddim 0-16 oed. Free Swim 0-16 yrs
	11:00-11:45	Acwa . Aqua
	11:45-12:45	Nofio Anabl . Disabled Swim
	13:00-15:00	Nofio Cyhoeddus . Public Swim*
	17:30-18:30	Nofio cyhoeddus . Public Swim
Dydd Mawrth Tuesday	06:30-09:00	Nofio cyhoeddus . Public Swim
	09:00-09:30	Gwersi Datblygu Nofio Ton 2, 5 + 6 Swimming Development Lessons Wave 2, 5 +6
	10:00-15:00	Nofio cyhoeddus . Public Swim*
	18:00-20:00	Nofio cyhoeddus . Public Swim
Dydd Mercher Wednesday	06:30-09:00	Nofio cyhoeddus . Public Swim
	09:00-09:30	Gwersi Datblygu Nofio Ton 2, 5 + 6 Swimming Development Lessons Wave 2, 5 +6
	10:00-15:00	Nofio cyhoeddus . public Swim*
	18:00-19:30	Nofio cyhoeddus . Public Swim
Dydd Iau Thursday	06:30-09:00	Nofio cyhoeddus . Public Swim
	09:00-09:30	Gwersi Datblygu Nofio Ton 2, 5 + 6 Swimming Development Lessons Wave 2, 5 +6
	10:00-15:00	Nofio cyhoeddus . Public Swim*
	18:00-19:00	Nofio cyhoeddus . Public Swim (hanner pwll yn unig . half pool only)
Dydd Gwener Friday	06:30-09:00	Nofio cyhoeddus . Public Swim
	09:00-09:30	Gwersi Datblygu Nofio Ton 2, 5 + 6 Swimming Development Lessons Wave 2, 5 +6
	10:00-15:00	Nofio cyhoeddus . Public Swim*
	17:30-19:30	Nofio cyhoeddus . Public Swim
Dydd Sadwrn Saturday	08:00-14:30	Nofio cyhoeddus . Public Swim** (pwll bach ar gau . small pool closed 09:00-09:30)
Dydd Sul Sunday	08:00-14:30	Nofio cyhoeddus . Public Swim**
	13:30-14:30	Nofio am Ddim 0-16 oed. Free Swim 0-16 yrs

*Sleid ar gael 10:30-11:30 a 14:00-15:00 Dydd Llun i Ddydd Gwener . Slide available 10:30-11:30 and 14:00-15:00 Monday to Friday

** Sleid ar gael 10:30 - 11:30 a 13:00 - 14:00 Dydd Sadwrn a Sul . Slide available 10:30 - 11:30 and 13:00 - 14:00 Saturday and Sunday