

GWEITHGAREDDAU PLANT  
CHILDRENS ACTIVITIES  
Byw’n Iach Dwyfor, Pwllheli  
01758 613437  
26/10/26 - 30/10/26



- Mynediad i ddosbarthiadau ffitrwydd dwysedd isel yn ystod y gwyliau
- Cyrtiau allanol £2.00 i bobl ifanc (tu allan i archebion y ganolfan)
- Access to low-intensity fitness classes during the holidays
- Outdoor courts £2.00 for young people (outside of the centre's bookings)

Archebwch yn y ganolfan, neu ar-lein drwy sganio'r cod QR (archebu a thalu ymlaen llaw hyd at 10 diwrnod o flaen llaw).  
Book at the centre or online by scanning the QR code (book and pay in advance up to 10 days ahead).



| Dydd . Day                | Amser . Time  | Gweithgaredd . Activity                                                         | Pris . Price<br>y sesiwn . per session |
|---------------------------|---------------|---------------------------------------------------------------------------------|----------------------------------------|
| Dydd Llun<br>Monday       | 09:00-09:30   | Gwersi Datblygu Nofio Ton 2, 5 + 6<br>Swimming Development Lessons Wave 2, 5 +6 | £6.90                                  |
|                           | 09:45-10:45   | Nofio am Ddim 0-16 oed. Free Swim 0-16 yrs                                      | Am ddim<br>Free                        |
|                           | 11:00-12:00   | Chwarae Meddal . Soft Play                                                      | £3.00                                  |
| Dydd Mawrth<br>Tuesday    | 09:00 - 15:00 | Camp Chwaraeon 5-7 oed / 8-11 oed<br>Sport Camp 5-7 yrs / 8-11 yrs              | £15.90                                 |
|                           | 09:00-09:30   | Gwersi Datblygu Nofio Ton 2, 5 + 6<br>Swimming Development Lessons Wave 2, 5 +6 | £6.90                                  |
| Dydd Mercher<br>Wednesday | 09:00 - 15:00 | Camp Chwaraeon 5-7 oed / 8-11 oed<br>Sport Camp 5-7 yrs / 8-11 yrs              | £15.90                                 |
|                           | 09:00-09:30   | Gwersi Datblygu Nofio Ton 2, 5 + 6<br>Swimming Development Lessons Wave 2, 5 +6 | £6.90                                  |
|                           | 16:00-17:00   | Pasbort Ffitrwydd 11-15 oed<br>Fitness Passport 11-15 yrs                       | £4.90                                  |
| Dydd Iau<br>Thursday      | 09:00-09:30   | Gwersi Datblygu Nofio Ton 2, 5 + 6<br>Swimming Development Lessons Wave 2, 5 +6 | £6.90                                  |
|                           | 10:00-11:00   | Pasbort Ffitrwydd 11-15 oed<br>Fitness Passport 11-15 yrs                       | £4.90                                  |
|                           | 13:00-13:30   | Gymnasteg Babi Actif Gymnastics                                                 | £4.00                                  |
|                           | 16:30-17:30   | Pasbort Ffitrwydd 11-15 oed<br>Fitness Passport 11-15 yrs                       | £4.90                                  |
| Dydd Gwener<br>Friday     | 09:00-09:30   | Gwersi Datblygu Nofio<br>Swimming Development Lessons                           | £6.90                                  |