

GWEITHGAREDDAU PLANT
CHILDRENS ACTIVITIES
Byw'n Iach Dwyfor, Pwllheli
01758 613437
25/05/26 - 31/05/26



- Mynediad i ddosbarthiadau ffitrwydd dwysedd isel yn ystod y gwyliau.
- Cyrtau allanol am ddim i bobl ifanc (tu allan i archebion y ganolfan)
- Access to low-intensity fitness classes during the holidays
- Outdoor courts free for young people (outside of the centre's bookings)

Archebwch yn y ganolfan, neu ar-lein drwy sganio'r cod QR (archebu a thalu ymlaen llaw hyd at 10 diwrnod o flaen llaw).

Book at the centre or online by scanning the QR code (book and pay in advance up to 10 days ahead).



Dydd . Day	Amser . Time	Gweithgaredd . Activity	Pris . Price y sesiwn . per session
Dydd Llun . Monday	Ar Gau . Closed		
Dydd Mawrth Tuesday	09:00-16:00	Chwarae Allan Am Ddim . Free Outdoor Play	Am Ddim . Free
	09:00 - 15:00	Camp Chwaraeon 5 i 7 oed a 8 - 11 oed Sport Camp 5 - 7 yrs and 8 - 11 yrs	£15.90
	09:00 - 09:30	Gwersi Datblygu Nofio Ton 4 Wave 4 Swimming Development Lessons	£6.90
	09:00 - 09:30	Gwersi Datblygu Nofio Ton 5+6 Wave 5+6 Swimming Development Lessons	£6.90
	10:00-11:00 14:00-15:00	Anwythiad Ystafell Ffitrwydd 11-15 Fitness Room Inductions 11-15	£4.90
Dydd Mercher Wednesday	09:00-16:00	Chwarae Allan Am Ddim . Free Outdoor Play	Am Ddim . Free
	09:00 - 15:00	Camp Chwaraeon 5 i 7 oed a 8 - 11 oed Sport Camp 5 - 7 yrs and 8 - 11 yr	£15.90
	09:00 - 09:30	Gwersi Datblygu Nofio Ton 4 Wave 4 Swimming Development Lessons	£6.90
	09:00 - 09:30	Gwersi Datblygu Nofio Ton 5+6 Wave 5+6 Swimming Development Lessons	£6.90
	16:00-17:00	Anwythiad Ystafell Ffitrwydd 11-15 Fitness Room Inductions 11-15	£4.90
Dydd Iau Thursday	09:00-16:00	Chwarae Allan Am Ddim . Free Outdoor Play	Am Ddim . Free
	13:00-13:30	Gymnateg Babi Actif Gymnastics 0 - 4 oed . yrs	£3.00
	13:30-14:30	Chwarae Meddal oed 0-5 yrs Soft Play	£3.00
	16:30-17:30	Anwythiad Ystafell Ffitrwydd 11-15 Fitness Room Inductions 11-15	£4.90
	09:00 - 09:30	Gwersi Datblygu Nofio Ton 4 Wave 4 Swimming Development Lessons	£6.90
	09:00 - 09:30	Gwersi Datblygu Nofio Ton 5+6 Wave 5+6 Swimming Development Lessons	£6.90
Dydd Gwener Friday	09:00 - 16:00	Chwarae Allan Am Ddim . Free Outdoor Play	Am Ddim . Free
	10:00-11:00 14:00-15:00	Anwythiad Ystafell Ffitrwydd 11-15 Fitness Room Inductions 11-15	£4.90
	12:00 - 12:30	Nofio Swigod 0 - 3 oed . Bubbles Swim 0 - 3 yrs	£3.00
Dydd Sul . Sunday	09:00-16:00	Chwarae Allan Am Ddim . Free Outdoor Play	Am Ddim . Free